## **BRIEF CURRICULUM VITAE**



Dr. George Krekoukias PhD, MSc, PT gkrekoukias@uniwa.gr

I graduated from the School of Physiotherapy of the Technological Educational Institution of Athens in 1998. My specialization is on neuromusculoskeletal physiotherapy and the effects of manual therapy techniques (MSc in Manipulative Physiotherapy, University of Brighton in 2004 and PhD from the Medical School, University of Ioannina in 2015). Since June 2023, I have been appointed Assistant Professor at the University of West Attika (UNIWA), Athens, Greece.

The main fields of research I have a keen interest in are the neurophysiological and kinetic/kinematic effects of manual therapy using electromyography, three-dimensional posture/gait analysis, electrogiomometry in healthy and affected populations. I also participated in the Archimedes III research program (2012-2015) and in the period 2015-2017 I participated in data collection and publication regarding the injuries of football players of the 1st national team. I am also interested in evaluating young populations for scoliosis and implementing a preventive exercise program at school.

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