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March 20, 2023

Dear Stefanos Karanasios, MSc, PT:

We are pleased to inform you that your paper titled "The Effect of Body Position and the Reliability of Upper Limb Arterial Occlusion Pressure Using a Handheld Doppler Ultrasound for Blood Flow Restriction Training" was selected to receive the 2023 *Sports Health* T. David Sisk Award for Best Original Research Paper.

This award is given for the most outstanding original research paper published in *Sports Health* in 2022. We congratulate you on this outstanding achievement.

You will be awarded a \$2,500 honorarium and award plaque. Additionally, the author present to receive the award will receive free registration to the AOSSM Annual Meeting, as well as faculty status.

The award will be presented at the 2023 Medical Publishing Group dinner at the AOSSM Annual Meeting in Washington DC on Thursday, July 13, 2023. **One author and guest are invited to this dinner to receive the award.** Please let us know as soon as possible if you or any of your coauthors plan to attend the meeting.

On behalf of the Editorial Team of *Sports Health* and the American Orthopaedic Society for Sports Medicine, we would like to offer our congratulations!

Sincerely,



Ed Wojtys, MD
Editor-in-Chief
Sports Health: A Multidisciplinary Approach