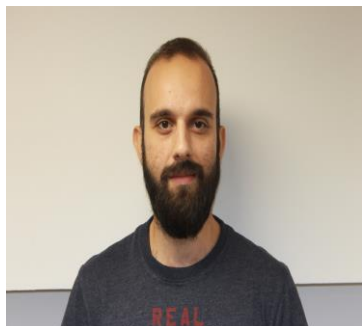


BRIEF CURRICULUM VITAE



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He was born on Athens in the year 1985 and graduated from the Physiotherapy Department of the Athens Technological Educational Institute in 2008. He holds a Master's Degree in the Biology of Physical Activity from School of Physical Education and Sport Science of Athens (2014) and he is a PhD Candidate in the Physiotherapy Department of the University of West Attica in the field of Respiratory Physiotherapy (2022). In 2021 he graduated from the specialization programme "Physiotherapy in Intensive Care Unit" of University of Thessaly, while from 2022 he is a certified trainer of therapeutic exercise programme for the third age "Otago Exercise Programme".

Since 2017 he is an Academic Scholar of the University of Attica with clinical and research work in the modules Physiotherapy for Cardiorespiratory, Musculoskeletal and Neurological diseases.

Furthermore, he is an elected member of Attica's Regional Department of Panhellenic Physiotherapists' Association since September of 2021, a BLS/AED full instructor in European Resuscitation Council and Certified Teaching Competent for Adults by the National Organisation for the Certification of Qualifications & Vocational Guidance since 2022. He works as a physiotherapist of physical activity programmes in Ilion's Alzheimer's Association Day Care Center since 2021.

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