

## CURICULUM VITAE

### Personal Details

**Full Name:** Georgios Kypraios  
**Date and Place of Birth:** Athens Greece 20/6/1979  
**E-Mail Addresses:** [gkypraios@uniwa.gr](mailto:gkypraios@uniwa.gr) / [g\\_kypreos@hotmail.com](mailto:g_kypreos@hotmail.com)

### Educational details

Sept. 2022 - cont.: **West Attica University, Department of Physiotherapy**  
Ph.D. candidate. Title of thesis "The effects of Clinical Pilates Method vs exercise on shoulder tendinopathies"

Sept. 2021: **Hellenic Open University, State university.**  
Master's Degree MSc (second cycle), "Health Care Management" Title of Postgraduate dissertation: "Consequences of the Covid-19 pandemic on family relations and everyday activities"

May 2019: **University of Thessaly department of Medicine, State University and Hellenic Open University, State university**  
Master's Degree MSc (second cycle), "Aging and chronic diseases management". Title of Postgraduate dissertation: "The Role of Physical therapy and exercise to elderly people with C.O.P.D"

September 2004: **Athens Technological Educational Institute (now University of West Attica), Department of Physiotherapy.**  
Bachelor of Science (BSc) in Physiotherapy

### Spoken Languages

**English:** Excellent Knowledge.

**CERTIFICATE OF PROFICIENCY IN ENGLISH (2001)**

**French:** Good Knowledge.

**DIPLÔME D'ÉTUDES EN LANGUE FRANCAISE DELF 1<sup>er</sup> DEGRÉ (1995)**

**Greek:** Excellent Knowledge (Native Speaker)

### Computer skills

- **ECDL PROGRESS (2008)** (MS Word – MS Excel – MS Outlook- MS PowerPoint)

## **Teaching Experience:**

### **September 2014 to present:**

- Certified Instructor for adults in Public Institutes of Vocational training with over 4000 hours of teaching experience.

## **Professional Experience:**

### **November 2011 to present:**

- Scientific Associate “MITERA” Hospital.

### **March 2008 to December 2015:**

- Senior Physiotherapist Physical medicine rehabilitation Center “PMR”

### **March 2007 to March 2022:**

- Clinical Physiotherapist (self-employed)

### **October 2010 to September 2011:**

- Senior Physiotherapist on professional soccer team “Panionios” U21 category

### **Μάρτιος 2008 έως Οκτώβριος 2010 :**

- Physiotherapist in BodyScape Gym.

## **Seminars:**

Participation in Physiotherapy congresses and symposiums across Greece and in the 2004 WCPT held in Barcelona Spain.