

Short CV
Dr. Anna Christakou



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Anna Christakou is an Assistant Professor in the Department of Physiotherapy University of Peloponnese. She was a part-time Lecturer in the Department of Physiotherapy University of West Attica, Athens, Greece from 2012 until 2021 and a physiotherapist at Evagelismos General Hospital from 2010 to 2021. She has also a Bachelor degree of the School of Sport Sciences and Physical Education, University of Athens, Greece (1993-1997). She completed her PhD in 2008 in the psychosomatic state of injury athletes. She completed her MSc thesis in 2001 (1998-2001) with a title “The effectiveness of motor imagery in the functional rehabilitation of an ankle sprain grade II”. She was a research and teaching assistant in the Lab of Sport Psychology and Motor Behaviour in the School of Sport Sciences and Physical Education, University of Athens from 1998. She is actively involved in research and teaching of psychosomatic and mind body connection in musculoskeletal, respiratory and other clinical populations. She has 55 research publications in peer reviewed International and Greek scientific journals, above 100 (oral and poster) presentations in Greek and International congresses, above 80 presentations as a visited speaker in Greece, 5 writing chapters of book and above of 350 citations to her research work. Additionally, she has teaching experience in B.Sc. degrees in the Department of Physiotherapy in Aigion (2005-2010) and in the School of Sports Science and Physical Education in Athens (2000-now). She has teaching experience in the MSc programs of (a) the Department of Physiotherapy in Athens, in Lamia and in Aigion, (b) the School of Medicine in Athens, (c) the School of Sport Sciences and Physical Education. She has successfully supervised Bachelor and MSc students of Department of Physiotherapy Athens and Aigion and School of Medicine, University of Athens. Current research projects include the developing psychological questionnaires in clinical populations, the cross-cultural validation of imagery questionnaires in Greek language, predicting musculoskeletal injuries from the psychological characteristics, applying mind-body techniques in respiratory diseases, applying the imagery technique in chronic musculoskeletal and neurological patients.

- ResearchGate : https://www.researchgate.net/profile/Anna_Christakou2
- Scopus <https://www.scopus.com/authid/detail.uri?authorId=15761854100>
- Google Scholar Citations:
<https://scholar.google.com/citations?pli=1&authuser=1&user=WSUDFIQAAAAJ>
- GoogleScholar
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