

## Curriculum Vitae

### Personal Information

**Surname:** Plakoutsis  
**Name:** Georgios  
**Email:** [gplakoutsis@uniwa.gr](mailto:gplakoutsis@uniwa.gr)

### Education

**2020:** PhD Candidate, Physiotherapy Department, School of Healthcare Sciences, University of West Attica

**2017-2020:** Graduate Physiotherapist – University of West Attica  
PPA – Member of the Panhellenic Physiotherapists Association

**2013 - 2014:** Sports Therapy MSc-Graduate Sports Therapist-London Metropolitan University

**2002 - 2006:** Graduate Nurse – Technological Educational Institute of Athens

### Teaching Experience

**2020:** Techniques of Myofascial Release - E-learning E.K.P.A.

**2021:** Strength & Conditioning for Sport Physiotherapists-University of Thessaly

**2018:** Master of Science Neurological Diseases – Modern Practice Based on Evidence – University of West Attica

### Conferences

**2021:** The Intra-rater and Inter-rater Reliability of Scapular Asymmetry Assessment In Volleyball Athletes With Clinical Evaluation Methods - World Physiotherapy Congress

### Educational Materials

**2020:** Co-Author in Techniques of Myofascial Release – E-learning E.K.P.A.

### Professional Experience

**2015:** Atromitos FC

**2014:** Sports Therapy Clinic–London Metropolitan University  
Leyton Orient Football Club

Athens medical Centre – Physiotherapy Department  
(Placement).

**2008 – 2013:** MedNet Greece S.A. (Team Leader in claims  
department)

**2007:** Hygeia Private Hospital - Nurse

#### **Seminars – CPD Hours**

**2019:** CPR and AED – Rescue Training International

**2018:** Certificate in OMT IASTM (Instrument Assisted Soft Tissue  
Manipulation)-Osteopathic Association Clinic-London UK

**2017:** CPR and AED – Rescue Training International

**2017:** Certificate in Dry Needling – Medical Acupuncture for Manual  
Therapists – Osteopathic Association Clinic- London UK

**2015:** Functional Spine and Pelvis-Thirst 4 Function-London UK

**2014:** Certificate in Fascial Movement Taping BSO (British School of  
Osteopathy)-Rock Tape-London UK

**2014:** Elite Sports Therapy Medical Rehabilitation- London UK

**2014:** Clinical & Functional Dilemma- London Metropolitan  
University

**2014:** A snake in suit? How psychology can manage psychopaths in  
the work place – London Metropolitan University

#### **Languages**

**Mother tongue:** Greek

**Other Languages:** English

#### **Computer Certificates**

**2008:** ECDL Progress Certificate