

Eleftherios Paraskevopoulos

Physical Therapist, MSc, OMT, PhDc

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CV

Eleftherios Paraskevopoulos holds a degree in Physiotherapy from Queen Margaret university and he is a member of the Panhellenic Association of Physiotherapists (PSF). He holds a Master of Science degree from the Department of Physical Education and Sports Science of the University of Thessaly, specializing in Clinical Biomechanics. He has completed postgraduate training in Manual Therapy where he has received the title of Orthopaedic Manual Therapist (OMT) with recognition from the International Federation of Orthopaedic Manipulative Physical Therapists (IFOMPT). He is a Doctoral Candidate of the Department of Physiotherapy at the University of West Attica with a PhD Thesis entitled «The effects of Cross Education in overhead athletes with scapular dyskinesis». His main research interests focus on the assessment and rehabilitation of shoulder dysfunctions in professional volleyball players. At the same time, he participates as a member in the organization of training seminars conducted by National and Kapodistrian University of Athens and the University of Thessaly. Also, he has >8 publications (Research Gate Score: 8.50) and >10 announcements in national and international congresses and one book monograph. He has worked for a number of years in Britain and Greece as a Physiotherapist in the public and private sector. He is a Physiotherapist of the Greek National Rowing Team (Men-Women).

At the same time, he is an academic fellow at the Department of Physiotherapy of the University of West Attica has also been a visiting lecturer in the Postgraduate Program "New Methods in Physiotherapy" at the University of West Attica between 2019-2021.

Google Scholar: https://scholar.google.com/citations?user=V0lyI_8AAAAJ&hl=en