

Short CV

Moutzouri Maria

Post Doctoral Researcher Physiotherapy Dept University of West Attica



email: moutzouri@uniwa.gr

Education:

1999-2004: BSc in Physiotherapy, Technological Educational Institute of Central Greece
2005-2008 MSc in Manipulative Therapy, Coventry University, UK
2010-2019 PhD, Queen Margaret University

Academic experience

2021 Assistant Prof of University of West Attica.
2016 – 2019 Academic fellow in Physiotherapy-University of West Attica, Athens,

Membership of Professional Societies

Full Member of Musculoskeletal Association of Chartered Physiotherapists
HCPC Registered Physiotherapist

Recent workshops:

2020 Escape Pain for knee osteoarthritis

Professional Experience

2007-2021 Physiotherapist in Filoktitis Rehabilitation Center, Athens, Greece

Recent participation in International Conferences:

2021 WCPT Congress (web)
2019 WCPTCongress Geneva
2018 ESKKA Congress Glasgow
2013 EFORT Congress Istanbul

Recent Publications:

1. Moutzouri M, Tsoumpos P, Bania T, Billis E, Gliatis J. Greek KOOS-Child: Cross-cultural adaptation, validation and responsiveness in children with knee-related pathology. *Knee Surgery, Sports Traumatology, Arthroscopy* 29, pages1841–1849 (2021)
2. Karanasios S, Korakakis V, Moutzouri M, Drakonaki E, Klauudia Koci, Vasiliki Pantazopoulou, Elias Tsepis, George Giftsos Diagnostic accuracy of examination tests for lateral elbow tendinopathy (LET)- A systematic review. *J Hand Ther* 2021 Feb 27;S0894-1130(21)00039-9. doi: 10.1016/j.jht.2021.02.002.

3. Moutzouri M, Coutts F, Gliatis J, Billis E, Tsepis E, Gleeson N. Early initiation of home-based sensori-motor training improves muscle strength, activation and size in patients after knee replacement: a secondary analysis of a controlled clinical trial. *BMC Musculoskelet Disord.* 2019 May 17;20(1):231.
4. Moutzouri, M. Gleeson, N. Coutts, F. Tsepis, E. Gliatis, I. (2018). Does enhanced sensori-motor training affect functional and balance performance on patients following total knee replacement? A single-blind controlled clinical trial. *Clinical Rehabilitation.* 32 (7) 888-898.
5. Moutzouri, M. Gleeson, N. Panoutsopoulou, I. Billis, E. Gliatis, I. (2016a). What is the effect of sensori-motor training on functional outcome and balance performance of patients' undergoing TKR? A systematic review. *Physiotherapy* 102(2),136-44.
6. Moutzouri, M. Gleeson, N. Billis, E. Tsepis, E. Gliatis, I. (2016b). Greek Physiotherapists' Perspectives on Rehabilitation Following Total Knee Replacement: a Descriptive Survey. *Physiotherapy Research International.*
7. Moutzouri, M. Gleeson, N. Billis, E. Tsepis, E. Panoutsopoulou, I. Gliatis, I. (2016c). The effect of total knee arthroplasty on patients' balance and incidence of falls: A systematic review. *Knee Surgery Sports Traumatology & Arthroscopy.*

Foreign Languages

1998 Cambridge Proficiency in English Language

2003 B2 Level in Italian Language

1997 A1 unit of Delf French Language

Computer Literacy

Word, Internet (ECDL) Excel (Global Cert)

Scholarships

- **State Scholarship Foundation (I.K.Y.)** for postdoctoral Research study (Feb 2020-May 2021).
- State Scholarship Foundation (I.K.Y.) for MSc studies (2005-2006).
- **Doctoral Research Award**, award from the Manipulative Association of Chartered Physiotherapists (MACP) (2011& 2019).
- **Elsevier Research Award**, Elsevier award for doctoral research proposals (2019).