



**Irene Drizi Ph.Dc., MSc, PT**

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**Brief CV**

Irene Drizi is a graduate of the Department of Physiotherapy of TEI of Athens (2004). Her bachelor thesis concerned the effect of facial and neck massage on the reactions of the Autonomic Nervous System. In 2017 she received a Master's degree of the Open University of Cyprus in Health Policy and Health Services Planning. The topic of her Master's thesis was the evaluation of the Ministry of Health's Programme IPONI for the year 2016 (prevention of osteoporosis and falls) in the municipalities of the Greek territory.

Since 2005 she has been working in Primary Health Care Services (KAPI and Help at Home program) in the Municipality of Vari Voula Vouliagmeni and has taught in EPAL and Public IEK in the specialty of Physiotherapist Assistants. She has attended training courses mainly related to Physiotherapy in elderly, health services management, human resources management in health services and the writing of European funding programmes. She has participated as a speaker in workshops, scientific conferences and training courses for specialised audiences, mainly on health policies at local level, prevention of falls in the elderly, as well as ergonomics and accident prevention in older people.

Since 2017, she is the Coordinator of the Health Programmes and Actions of the National Intermunicipal Network of Healthy Cities and Health Promotion (EDDYPPY) of the World Health Organization (WHO) in the Municipality of Vari Voula Vouliagmeni. Since 2018, she is a member of the Scientific Committee of EDDYPPY with the aim of developing Health Policies in the implementation of the Healthy Cities Programme of the WHO. Also, since 2018, she is a member of the Advisory Group of the company "50plus Hellas", with the aim of health

policy for the elderly and the design of programs, actions and interventions aimed at promoting active life for people aged 50plus.

She is a member of the Panhellenic Association of Physiotherapists, the Hellenic Gerontological and Geriatric Society and the Hellenic Fragility Fracture Network -FFN GREECE.

Her main interests include ergonomics, strategic planning and evaluation of community health programs, health policies at the local level, and health prevention and promotion of older people in the community.