

CURRICULUM VITAE

Tatsios I. Petros

E-MAIL: petrostatsios@hotmail.gr - ptatsios@uniwa.gr

ORCID Number: 0000-0001-5156-3733

Scopus Author ID: 57205325010

SciProfiles: 1699655

<https://sciprofiles.com/profile/petrostatsios>

Google Scholar:

<https://scholar.google.com/citations?hl=el&user=hAQTxdsAAAAJ>



Education

Degree

27/01/2021: Master of Science “Clinical Ergospirometry, Exercise Advanced Technology and Rehabilitation” National and Kapodistrian University of Athens, Medical School of Athens

16/09/2020: Initiation of doctoral studies in University of West Attica, Athens-Greece

25/10/2017: Master of Science “Metabolic Bone Disease” National Kapodistrian University of Athens, Medical School of Athens

21/10/2003: Degree in Physiotherapy School of Health and Caring Professions Technological Educational Institute (T.E.I.) of Athens, Greece

Continuing Education

05/12/2017: Degree “Education of Adult’s Instructor’s” in the National Kapodistrian University of Athens

28/06/2016: CERTIFICATE “Proprioceptive Neuromuscular Facilitation” BASIC LEVEL

03/10/2015: Degree “Certificate Mulligan Practitioner” Mulligan Manual Therapy Program

04/05/2014: Degree “Dry Needling” David G. Simons Academy

07/02/2010: Degree OMPT Diploma, OMT- GREECE Scientific Subgroup of Manual Therapy, Panhellenic Association of Physiotherapists

Invited positions and distinctions

- ✚ Teaching and examination scholarship of the practical module "Physiotherapeutic mobilization of joint and soft tissue" Physiotherapy Department of the University of West Athens Academic year 2020-21
- ✚ Member of the Scientific Committee for the 26th Physiotherapy Conference 25-27 November 2016 organized by the Pan-Hellenic Physiotherapy Association
- ✚ Effectiveness of Manual Therapy in the Treatment of Subacromial Impingement Syndrome: A Systematic Review award of best poster at the 23th Physiotherapy conference organized by the Pan-Hellenic Society of Physiotherapists November 2013; Palina Karakasidou, Chrisoula P. Tsampazi, **Tatsios I. Petros**
- ✚ President OMT-GREECE Scientific group of Manual Therapy Pan-Hellenic Physiotherapy Association from 2010- 2020

Published work(s)

- ✚ Tsokanos A, Livieratou E, Billis E, Tsekoura M, **Tatsios P**, Tsepis E, et al. The Efficacy of Manual Therapy in Patients with Knee Osteoarthritis: A Systematic Review. *Medicina*. 2021;57(7):696. <https://doi.org/10.3390/medicina57070696> **Impact Factor: 2.43**
- ✚ **Tatsios P**, Koumantakis GA, Karakasidou P, Philippou A. The Effectiveness of Manual Therapy on Musculoskeletal and Respiratory Parameters in Patients with Chronic Low Back Pain: A Systematic Review. 2021;33(2):71-101. DOI:10.1615/CritRevPhysRehabilMed.2021038977 **H-Index 2020: 17**
- ✚ Karakasidou P., **Tatsios P.**, Petta G., Effectiveness of manual therapy in the treatment of patients with subacromial impingement syndrome: A systematic review; *Epitheorese Klinikes Farmakologias kai Farmakokinetikes* Volume 36, Issue 3, Pages 141 – 1622018 **H-Index 2018: 4**

Postgraduate thesis

- ✚ Publication: "The effectiveness of manual therapy in improving clinical and respiratory parameters in patients with chronic low back pain: a systematic review" Unit: Department of Clinical Ergospirometry and Cardiopulmonary Rehabilitation, Library of the School of Health Sciences, Deposit date: 2021-03-10 Submitted:2021, Author: Tatsios I. Petros, Supervisor's info: Serafim Nanas, Professor, Medical School of Athens, National Kapodistrian University of Athens Vassiliadis Ioannis, Assistant Professor, Medical School of Athens, National Kapodistrian University of Athens, Philippou A, Professor, Medical School of Athens, National Kapodistrian University of Athens, Persistent URL: <https://pergamos.lib.uoa.gr/uoa/dl/object/2938009>

- ✚ Publication: “Osteoarthritis of the Knee and neuromuscular motor control exercises” Unit: Department of Metabolic Bone, Library of the School of Health Sciences, Deposit date: 2018-04-24, Submitted:2018, Author: Tatsios I. Petros, Supervisor’s info: Papaioannou Nikolaos, Professor, Medical School of Athens, National Kapodistrian University of Athens Liritis Georgios, Professor, Medical School of Athens, National Kapodistrian University of Athens, Triantafilopoulos Ioannis, Assistant Professor, Medical School of Athens, National Kapodistrian University of Athens: Persistent URL: <https://pergamos.lib.uoa.gr/uoa/dl/object/2748104>

Conferences Projects

- ✚ «Shoulder Girdle, Instability & Rehabilitation» Invited speaker 25/09/2021, Web-based 1h Clinical analysis of management strategies. Hellenic Scientific Society of Physiotherapy (EEEF), Upper Limb Continuing Education Seminars.
- ✚ «Shoulder Girdle & Instability - A case study» Invited Lecture 29/07/2021, Web-based 1h Tutorial Session, Scientific Subgroup of Sport’s Physiotherapy of Panhellenic PhysioTherapy Association (PPTA), Sports Physiotherapy Continuing Education Seminars.
- ✚ “Effectiveness of manual therapy in the treatment of patients with subacromial impingement syndrome: A systematic review” Invited speaker 5,6/12/2020 for 34th Conference by Hellenic Scientific Society of Physical Therapy
- ✚ “Manipulation – mobilization” Invited speaker 7 April 2019 Conference for Athens Medical Association
- ✚ “Therapeutic approaches of breathing dysfunction in patient with chronic neck pain” Systematic Review: Invited speaker 24 November 2018 at the 28th Physiotherapy conference organized by the Pan-Hellenic Physiotherapy Association
- ✚ “Role of the Diaphragm in Musculoskeletal Syndromes of Vertebral Column” Invited speaker April 2018 Conference by Hellenic Scientific Society of Physical Therapy
- ✚ “Physiotherapy approach in elbow injuries” Invited speaker: 17/12/2017 Conference by Hellenic Scientific Society of Physical Therapy
- ✚ “The role of physiotherapy in emergence motivation and compliance of patients” Invited speaker: 25 November 2017 at the 27th Physiotherapy conference organized by the Pan-Hellenic Physiotherapy Association
- ✚ “Subacromial Impingement Syndrome & Manual Therapy” Invited speaker: 6/11/2017 Conference for Athens Medical Association
- ✚ “Cervical spine- Painful Upper Limb Differential Diagnosis and Clinical Assessment” Invited speaker: 11/03/2017 specialized lesson HAND THERAPY Subgroup of Hellenic Scientific Society of Physical Therapy
- ✚ “Evidence Based Decision of the method or technique of Manual Therapy for the treatment of Subacromial Impingement Syndrome. Case Study” November 2016 Invited speaker: 26th Physiotherapy conference organized by the Pan-Hellenic Physiotherapy Association

- ✚ “Clinical Reasoning & Treatment of Cervical Spine, Presentation of case study” Masterclass (2hours), Invited speaker in cooperation with Dr Sapka G. MD Surgical Spine, Professor of Medical School of Athens, National Kapodistrian University of Athens; 1st Combined Symposium of Hellenic Association of Orthopaedic Surgery & Traumatology with Hellenic Scientific Association of Physiotherapy
- ✚ “Clinical Reasoning & Treatment of Cervical Spine, Presentation of case study” Masterclass (2hours), Invited speaker in cooperation with Dr Eustathiou P. MD Surgical Spine, Professor of Medical School of Athens, National Kapodistrian University of Athens; 1st Combined Symposium of Hellenic Association of Orthopaedic Surgery & Traumatology with Hellenic Scientific Association of Physiotherapy
- ✚ “Cervical Radiculopathy & Clinical Reasoning” Invited speaker: 15/10/2016 72th Panhellenic Congress of Orthopaedic & Traumatology
- ✚ “Stabilization after anterior instability of the shoulder complex” Invited speaker: Conference by Hellenic Arthroscopic Company in co-operation with Distal Part of Panhellenic Physiotherapy Association, Serres 10/09/2016 Serres - Greece
- ✚ “Movement Impairment Syndrome of the shoulder Complex” Invited speaker: December 2015 Conference by Hellenic Scientific Society of Physical Therapy
- ✚ “Osteoarthritis of the knee – Manual Therapy - Guidelines”, Invited speaker: 5-7/12/2014 24th Physiotherapy conference organized by the Pan-Hellenic Physiotherapy Association
- ✚ “Non- specific Mechanical neck pain and Motor Control” Invited speaker: 17/11/2014 Conference by Hellenic Scientific Society of Physical Therapy
- ✚ “SARCOPENIA” Invited speaker: September 2014 NARRATIVE REVIEW for Master of Science “Metabolic Bone Disease” National and Kapodistrian University of Athens, Medical School of Athens
- ✚ “Biochemical markers in Osteoarthritis” Invited speaker: April 2014 NARRATIVE REVIEW for Master of Science “Metabolic Bone Disease” National and Kapodistrian University of Athens, Medical School of Athens

Teaching Experience in Postgraduate Education

- ✚ “**Physiotherapy & Manual Therapy**” Invited speaker (2 hours) 22/02/2018 Master of Science “Rheumatology- Musculoskeletal Injuries” National and Kapodistrian University of Athens, Medical School of Athens
- ✚ “**Musculoskeletal Injuries**” Invited speaker (2 hours) 27/02/2018 Master of Science “Rheumatology- Musculoskeletal Injuries” National and Kapodistrian University of Athens, Medical School of Athens

Teaching Experience in Undergraduate Education – UNIWA

- ✚ Teaching scholarship 2021: Teaching and examination of the practical module "Physiotherapeutic mobilization of joint and soft tissue" Physiotherapy Department of the University of West Athens Academic Year 2020-21 & 2021-22

Languages

- ✚ English: Proficiency

IT Skills

- ✚ Good knowledge of Microsoft Office: Windows, Word, Excel, PowerPoint and Internet navigation *ECDL Core Certificate*